A row of Buddha statues, likely in a temple or museum. The central statue is in sharp focus, showing its serene expression and the intricate details of its hair and robes. The other statues in the row are blurred, creating a sense of depth. The lighting is warm and soft, highlighting the textures of the statues.

**Achtsamkeit,
Selbsterkenntnis und innere
Stärke sind der Hauptfokus
deiner Wirklichkeit.**

Loslassen.ROCKS

A person wearing a white, flowing dress is climbing a tall, reddish-brown rock formation. The person is seen from behind, with their arms extended as they grip the rock. A blue rope is attached to their harness and extends down the rock face. The background is a clear, light blue sky.


**Dein Lehrer zeigt dir
nur den Weg. Gehen,
musst du ihn selbst.**

Loslassen.ROCKS

A night sky with the Milky Way galaxy visible, and a tree in the foreground. The text is overlaid on the sky.


**Nur wer zufrieden ist,
hat die Kraft zur
Schöpfung.**

Loslassen.ROCKS



**Damit in mir Frieden
herrschen kann, muss ich die
Bedingungen des Lebens
anerkennen.**

Loslassen.ROCKS

A photograph of a stack of smooth, stacked stones on a rocky shore. The stones are arranged in a tall, narrow stack, with a larger, light-colored rock at the base. The background is a blurred expanse of water and rocks, suggesting a coastal or lakeside setting. The text is overlaid on the left side of the image.

**Mein Bewusstsein
bestimmt mein Handeln,
und mein Handeln
formt die Welt
in der ich lebe.**

Loslassen.ROCKS