

A sunset over the ocean with a cliff silhouette in the foreground. The sky is a mix of purple, orange, and red, with the sun low on the horizon. The foreground shows a dark silhouette of a cliff and a beach.

Wenn wir Abhängigkeit auflösen,
dann lösen wir Leiden auf.

Loslassen.ROCKS

A sunset over the ocean with a cliff silhouette in the foreground. The sky is filled with soft, orange and pink clouds, and the sun is a small, glowing orb on the horizon. The foreground shows a dark, silhouetted cliff and a beach with some water reflections.

Wir können uns
aus der Abhängigkeit befreien, ...

Loslassen.ROCKS

A sunset over the ocean with a cliff silhouette and a small building on the left. The sky is filled with orange and red clouds, and the sun is low on the horizon. The water is dark, and the foreground shows a sandy beach with some rocks.

... indem wir loslassen lernen.

Loslassen.ROCKS

A sunset over a beach. The sky is filled with soft, orange and pink clouds. The sun is a small, bright orange circle on the horizon. In the foreground, there is a dark silhouette of a cliff and several large, jagged rocks. The water is calm, reflecting the colors of the sky. The overall mood is peaceful and contemplative.

Wir lassen die Signale unserer Sinne los, ...

Loslassen.ROCKS

A sunset over the ocean. The sky is filled with soft, orange and pink clouds. The sun is a small, bright orange orb on the horizon. In the foreground, the dark silhouette of a cliff and three sea stacks is visible against the water. The water reflects the colors of the sky.

... und gehen davon aus, ...

Loslassen.ROCKS

A sunset over a beach. The sky is filled with soft, orange and pink clouds. The sun is a small, bright orange disk on the horizon. In the foreground, there is a dark silhouette of a cliff and several large rocks. The water is calm, reflecting the colors of the sky.

dass es eine größere Welt gibt, ...

Loslassen.ROCKS

A sunset over the ocean with a cliff silhouette and a small building on the left. The sky is filled with orange and red clouds, and the sun is a small red orb on the horizon. The foreground shows a dark beach and a small stream of water.

... als nur die Welt der Sinne.

Loslassen.ROCKS

A sunset over the ocean with a cliff silhouette and a small building on the left. The sky is filled with orange and red clouds, and the sun is low on the horizon. The water is dark, and the foreground shows a sandy beach with some reflections.

Erfahrungen ermöglichen es uns Ängste
loszulassen.

Loslassen.ROCKS

A sunset over the ocean with a cliff silhouette and sea stacks. The sky is filled with soft, orange and pink clouds, and the sun is a small, bright orb on the horizon. The foreground shows a dark, silhouetted cliff and a beach with some water reflections.

Erfahrung lehrt uns das Loslassen, ...

Loslassen.ROCKS

A sunset over the ocean with a cliff silhouette and rock formations. The sky is filled with soft, orange and pink clouds, and the sun is a small, bright orb on the horizon. The foreground shows a dark, silhouetted cliff and a beach with some water reflections.

... und (Raum für) Neues zu erschaffen.

Loslassen.ROCKS

A sunset over a beach. The sky is filled with soft, orange and pink clouds. The sun is a small, bright orange circle on the horizon. In the foreground, there are dark silhouettes of cliffs and rocks. The water is calm, reflecting the colors of the sky. The overall mood is peaceful and contemplative.

Wer erkannt hat, dass letztlich alles was
existiert, ...

Loslassen.ROCKS

A sunset over the ocean with a cliff silhouette and rock formations. The sky is filled with soft, orange and pink clouds, and the sun is a small, bright orb on the horizon. The foreground shows a dark, silhouetted cliff and a beach with some water reflections.

... materielles wie geistiges, ...

Loslassen.ROCKS

A sunset over a beach. The sky is filled with soft, orange and pink clouds. The sun is a small, bright orange orb on the horizon. In the foreground, there are dark silhouettes of a cliff on the left and several large rocks in the water. The water reflects the colors of the sunset.

... von der Art des handelnden Bewusstseins
geformt wird, ...

Loslassen.ROCKS

A sunset over a beach. The sky is filled with soft, orange and pink clouds. The sun is a small, bright orange circle on the horizon. In the foreground, there is a dark silhouette of a cliff on the left and several large, dark rocks in the water. The water is calm and reflects the colors of the sky.

... erkennt seine Möglichkeiten die Dinge zu
verändern, und ...

Loslassen.ROCKS

A sunset over a beach. The sky is filled with soft, orange and pink clouds. The sun is a small, bright orange circle on the horizon. In the foreground, there is a dark silhouette of a cliff on the left and several large, dark rocks in the water. The beach is visible in the lower part of the frame, with the ocean waves gently lapping at the shore.


... die Bedingungen des Lebens mit zu gestalten.

Loslassen.ROCKS

A sunset over the ocean with a cliff silhouette and a small building on the left. The sky is filled with orange and red clouds, and the sun is a small red orb on the horizon. The foreground shows a dark beach and a small stream of water.

Leid entspringt dem, ...

Loslassen.ROCKS

A sunset over the ocean with a cliff silhouette in the foreground. The sky is filled with soft, orange and pink clouds, and the sun is a small, glowing orb on the horizon. The foreground shows a dark, silhouetted cliff and a beach with some water reflections.

... was wir
von anderen
gelernt haben.

Loslassen.ROCKS

A sunset over the ocean with a cliff silhouette and a small building on the left. The sky is filled with orange and red clouds, and the sun is low on the horizon. The water is dark, and the foreground shows a sandy beach with some rocks.

Wir leiden so, wie wir es gelernt haben.

Loslassen.ROCKS

A sunset over a beach. The sky is a mix of deep purple, orange, and red. The sun is a small, bright orange circle on the horizon. In the foreground, there are dark silhouettes of cliffs and rocks. The water is dark, and the beach is visible in the lower part of the frame.

Diese Konditionierung kann
jeder für sich auflösen.

Loslassen.ROCKS

A sunset over the ocean with a silhouette of a cliff and rocks in the foreground. The sky is filled with soft, orange and pink clouds, and the sun is a small, bright orb on the horizon. The foreground shows a dark, silhouetted landscape with a few rocks and a small building on the left.

Leid ist die Folge eines Glaubenssystems.

Loslassen.ROCKS

A sunset over the ocean with a cliff silhouette and rock formations. The sky is filled with soft, orange and pink clouds, and the sun is a small, glowing orb on the horizon. The foreground shows a dark, silhouetted cliff and a few rock formations in the water.

Wer seine Überzeugungen aufgibt, ...

Loslassen.ROCKS

A sunset over a beach. The sky is filled with soft, orange and pink clouds. The sun is a small, bright orange orb on the horizon. In the foreground, there is a dark silhouette of a cliff and several large rocks. The water is calm, reflecting the colors of the sky.

... lebt aus der Erkenntnis, ...

Loslassen.ROCKS

A sunset over a beach. The sky is filled with soft, orange and pink clouds. The sun is a small, bright orange disk on the horizon. In the foreground, there is a dark silhouette of a cliff and several large rocks. The water is calm, reflecting the colors of the sky. The overall mood is peaceful and serene.

und ist frei von alten Urteilen.

Loslassen.ROCKS

A sunset over a beach with silhouetted rocks and a cliff. The sky is a mix of orange, red, and purple, with the sun low on the horizon. The foreground shows a dark beach and a small pool of water reflecting the sunset.

Den vollständigen Text gibt's hier:

<https://loslassen.rocks/loslassen-lernen-befreiung/>

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